Thinking Writing writing retreat - example of a single day structured retreat

Morning session
9.30 – 9.45 – arrivals, tea and coffee, welcome
9.45 – 10.00 – introductions and short explanation of how we’ll work
10.00 – 10.15 – pre-retreat task and goal setting for first session
10.15 – 11.15 – first writing session
11.15 – 11.30 – reflection and task/goal setting for next session.
11.30 – 12.30 – second writing session
12.30 – 12.45 – reflection and reminder about peer feedback activity.

**********
12.45 – 13.30 – lunch and printing
**********

Afternoon session
13.30 – 13.45 – task/goal setting for next session
13.45 – 14.45 – third writing session / peer feedback activity / chance to talk to a facilitator
14.45 – 15.00 – reflection and discussion, coffee/tea
15.00 – 16.00 – fourth writing session
16.00 – 16.30 – reflections, feedback, postcards, thanks

(16.45 – 18.30 – optional twilight writing session with goal setting/final discussion)