

Thinking Writing writing retreat - example of a single day structured retreat

Morning session

9.30 – 9.45 – arrivals, tea and coffee, welcome

9.45 – 10.00 – introductions and short explanation of how we'll work

10.00 – 10.15 – pre-retreat task and goal setting for first session

10.15 – 11.15 – first writing session

11.15 – 11.30 – reflection and task/goal setting for next session.

11.30 – 12.30 – second writing session

12.30 – 12.45 – reflection and reminder about peer feedback activity.

12.45 – 13.30 – lunch and printing

Afternoon session

13.30 – 13.45 – task/goal setting for next session

13.45 – 14.45 – third writing session / peer feedback activity / chance to talk to a facilitator

14.45 – 15.00 – reflection and discussion, coffee/tea

15.00 – 16.00 – fourth writing session

16.00 – 16.30 – reflections, feedback, postcards, thanks

(16.45 – 18.30 – optional twilight writing session with goal setting/final discussion)